



Take Care of Oregon Days Project Ideas

| Project: | Content Standards / CCG's: | Essential Skills: | Available Resources: |
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| <p>Childhood Obesity</p> <p>Students learn about the lifelong health and disease risks caused by poor eating and exercise patterns in childhood and the impact it can have on families and society.</p> <p>Students use technology to create a website for other students advocating for healthy eating and exercise habits.</p> <p>Students advertise the web site in flyers posted around their school.</p> | <p><u>Social Sciences/Social Science Analysis:</u></p> <ul style="list-style-type: none"> Identify, research, and clarify an event, issue, problem, or phenomenon of significance to society. SS.08.SA.04: Examine the various characteristics, causes, and effects of an event, issue, or problem. <p><u>Health Education/Promotion of Healthy Eating:</u></p> <ul style="list-style-type: none"> Explain the components of a balanced diet and their importance to growth and wellness. Demonstrate ability to analyze influences of culture, media, technology and other factors on health. Demonstrate the ability to advocate for personal, family, and community health and safety. <p><u>Physical Education/Fitness for Lifetime:</u></p> <ul style="list-style-type: none"> Demonstrate ways to achieve and maintain a health-enhancing level of physical fitness. <p><u>Technology:</u></p> <ul style="list-style-type: none"> TG.02: Select and use technology to enhance learning and problem solving. TG.05: Design, prepare, and present unique works using technology to communicate information and ideas. TG.06: Extend communication and collaboration with peers, experts, and other audiences using telecommunications. <p><u>Language Arts/Reading:</u></p> <ul style="list-style-type: none"> CCG: Listen to, read, and understand a variety of text across the subject areas at school and on own, applying comprehension strategies as needed. <p><u>Language Arts/Writing:</u></p> <ul style="list-style-type: none"> CCG: Investigate topics of interest and importance across the subject areas, selecting appropriate media sources, using effective research processes, and demonstrating ethical use of resources and materials. | <ul style="list-style-type: none"> Read and comprehend a variety of text. Write clearly and accurately. Think critically and analytically. Use technology to learn, live and work. Demonstrate civic and community engagement. | <ul style="list-style-type: none"> Lesson Planet – Childhood Obesity Lesson Plans http://www.lessonplanet.com/search?keywords=child+obesity&rating=3 Healthy Youth! Childhood Obesity http://www.cdc.gov/HealthyYouth/obesity/index.htm |