



Take Care of Oregon Days Project Ideas

Project:	Content Standards / CCG's:	Essential Skills:	Available Resources:
<p>Hats and Booties for Premies While learning about reproductive and family health, students gather information about the causes of premature birth and the challenges faced by premature births. Students knit hats and booties to be given to premature babies at a local hospital.</p>	<p><u>Health Education/Promotion of Sexual Health:</u></p> <ul style="list-style-type: none"> Explain the key components of sexual health and their relationship to lifetime health and wellness. HS.05.SH.01: Identify possible short and long-term consequences of sexual activity, including what it means to be responsible for the results of one's decisions. <p><u>Health Education/Alcohol, Tobacco, and Other Drug Use Prevention:</u></p> <ul style="list-style-type: none"> Explain the impact of alcohol, tobacco and other drug use on health and well-being. <p><u>Health Education/Health Skills:</u></p> <ul style="list-style-type: none"> Decision Making Demonstrate ability to use decision making skills to enhance health and safety. Advocacy Demonstrate the ability to advocate for personal, family and community health and safety. <p><u>The Arts/Create, Present, and Perform:</u></p> <ul style="list-style-type: none"> Use essential elements and organizational principles to create, present and/or perform works of art for a variety of purposes. 	<ul style="list-style-type: none"> Read and comprehend a variety of text. Listen actively and speak clearly and coherently. Demonstrate civic and community engagement. Demonstrate personal management and teamwork skills. 	<ul style="list-style-type: none"> Local knitting groups Local hospitals The Mayo Clinic http://www.mayoclinic.com/health/premature-birth/DS00137 Centers for Disease Control and Prevention http://www.cdc.gov/Features/PrematureBirth/ Knitting Help http://www.knittinghelp.com