



## Take Care of Oregon Days Project Ideas

Project:	Content Standards / CCG's:	Essential Skills:	Available Resources:
<p><b>Meals On Wheels</b></p> <p>Students explore the issues surrounding hunger and aging and learn about the widespread problem of food insufficiency amongst the elderly.</p> <p>Students volunteer with their local Meals On Wheels agency.</p>	<p><u>Social Sciences/Social Science Analysis:</u></p> <ul style="list-style-type: none"> <li>Identify, research, and clarify an event, issue, problem, or phenomenon of significance to society.</li> <li>Identify and analyze characteristics, causes, and consequences of an event, issue, problem, or phenomenon.</li> </ul> <p><u>Social Sciences/Civics and Government:</u></p> <ul style="list-style-type: none"> <li>Understand the roles, rights, and responsibilities of citizens in the U.S.</li> </ul> <p><u>Social Sciences/Economics:</u></p> <ul style="list-style-type: none"> <li><b>SS.08.EC.02.01:</b> Know and give examples of how changes in the economy impose costs on some and benefits on others because they arbitrarily redistribute purchasing power.</li> </ul> <p><u>Health Education/Health Skills:</u></p> <ul style="list-style-type: none"> <li><b>Accessing Information:</b> Demonstrate ability to access valid health and safety related information.</li> <li><b>Advocacy:</b> Demonstrate the ability to advocate for personal, family and community health and safety.</li> </ul> <p><u>Health Education/Promotion of Mental, Social, and Emotional Health:</u></p> <ul style="list-style-type: none"> <li>Explain the key components of mental, social and emotional health.</li> </ul> <p><u>Health Education/Promotion of Healthy Eating:</u></p> <ul style="list-style-type: none"> <li>Explain the components of a balanced diet and their importance to growth and wellness.</li> <li>Demonstrate the ability to advocate for personal, family, and community health and safety.</li> </ul>	<ul style="list-style-type: none"> <li>Read and comprehend a variety of text.</li> <li>Listen actively and speak clearly and coherently.</li> <li>Think critically and analytically.</li> <li>Demonstrate civic and community engagement.</li> </ul>	<ul style="list-style-type: none"> <li>Hunger in Oregon <a href="http://extension.oregonstate.edu/fcd/hunger/">http://extension.oregonstate.edu/fcd/hunger/</a></li> <li>Oregon Hunger Relief Task Force <a href="http://www.oregonhunger.org">www.oregonhunger.org</a></li> <li>Oregon Meals on Wheels <a href="http://www.mealcall.org/meals-on-wheels/or/">http://www.mealcall.org/meals-on-wheels/or/</a></li> </ul>